

General Information

- Gym & Church Rules** – for all players and spectators
 - No roughhousing, horseplay, or fighting.
 - No foul or profane language will be tolerated.
 - No smoking, drugs, or alcohol is permitted on church grounds (either in building or outside of building).
- Designated Areas** – No one is allowed upstairs. Instead, all players and spectators are required to stay downstairs within the following 3 areas: gym, team room, or bathroom.
- Team Meetings** – Before & after each game, there will be a team meeting. There are two purposes of the team meeting. Purpose #1 is to instruct each player on how to improve in the game of hockey. Basically, we will talk of a game plan. Purpose #2 is to instruct each player on how to improve in the game of life. Basically, we will challenge the guys/girls each week with a 10-minute Bible lesson.
Note: Each player must attend the team meeting! Any player who misses or skips the Bible lesson will have to sit out at least 1 period of play. Bible Lessons are typically after the game.

4. **Schedule** – See back cover for the schedule with times and dates of all games.

5. **Water Bottles** – Players are allowed to bring sport bottles and drinks into the gym as long as there is a closed cap on the bottle. No open containers will be allowed in the gym.

6. **Snow Cancellations** – If the weather is bad and we need to cancel a game, we will send closing information to Channel 2 (WGRZ), Channel 4 (WIVB) and Channel 7 (WKBW), and a message will be put on the church answering machine (652-7429).

Hockey Equipment

- Hockey Sticks** – Players may use either plastic or wooden hockey sticks. If a wooden stick is splintered, it must be taped. Any stick considered dangerous by the referee will not be used in the game.
- Shoes** – Each player must wear a non-marking shoe (for example, tennis shoes). Shoes that mark up the gym floor will not be permitted.
 - Note:** Due to the weather, each player must bring their playing shoes with them and then put them on after they are in the building. To prevent injury, no player will be allowed to wear shoes on the gym floor that they just wore in from outside. (No exceptions)
- Team T-Shirt** – Each player will receive a team shirt which must be worn at each game.
- Helmets** – Helmets are allowed, but are not required!
- Other personal equipment** – Hockey gloves, elbow & knee pads, mouth guard, supportive cup and shin guards are not required, but highly recommended.
- Goalie equipment** – All goalies are required to wear the following equipment: Face mask, chest protector, shin protectors (or goalie pads), and goalie gloves. Players may bring their own equipment or borrow from 1st Baptist Church. Goalies may not “overstuff” under their equipment.
Note: Ice hockey pads will not be permitted. Goalies must wear floor hockey pads provided or the width of their own personal pads must be the same or smaller than FBC’s.
- Jewelry** – To prevent injury we ask no jewelry be worn during play.

Game Information

1. **Game Length** – Each game will consist of three 15-minute periods. The clock will remain running the entire game. The last 2 minutes of the 3rd period the clock will stop with each whistle. The only other time the clock will be stopped is due to an injury or an equipment problem.
2. **Period Intermissions** – There will be a two-minute intermission between each period.
3. **Regulation Tie / Overtime / Shoot-out** – If the game ends in a tie, there will be a 5-minute sudden death overtime period. Again, the clock will be running until the last minute. If no one scores in the overtime, there will be a shoot-out. Three players will be chosen from each team to take one shot on the opposing goalie. This will continue with different players until there is a winner.
4. **Players** – Each team is allowed 6 players on the “ice” at one time.
5. **Substitutions** – Players may be substituted on either on a whistle or on the “fly”. Girls’ league may have automatic substitutions.
6. **Off sides** – Off sides only applies on a face off. There are no off sides, however, during play.
7. **Goal Crease** – The goal crease is for the safety and protection of the goalie. The only time a player may enter the goalie crease is when the puck or ball is there.
8. **Goalie** – Each team must play a goalie. Goalies may only be pulled during the last three minutes of a game and the team must be losing the game.
9. **Defense** – All teams must play defense.
10. **Referees** – Each game will have a minimum of 2 referees. Playoff games will have 3 referees.

2-Minute Minor Penalties

1. **Checking** – There is no checking in this league, whatsoever. Players are allowed to position, but they cannot push or check. **Stick checking** (lifting a player’s stick) is only allowed when playing the puck and as long as they don’t lift the other player’s stick above their waist.
2. **High-sticking** – Anytime a player raises his stick above his waist, a 2-minute high-sticking penalty will be called. This applies no matter what: in the act of shooting, playing the puck, away from the puck, etc.
3. **Slashing** – Slashing will be called anytime a player uses his stick intentionally on a player’s hands, shins, feet, or even the stick.
4. **Roughing** – Any pushing or overly aggressive play will be considered roughing.
5. **Too many men on the ice** – Any player who substitutes early and doesn’t wait for his teammate to come to the bench will be penalized.
6. **Interference** – Any player not involved in the play who interferes with an opposing player will result in a penalty.
7. **Unsportsmanlike Conduct** – Any taunting, trash talking, arguing with referees, will be a penalty.
8. **Delay of Game** – Any player intentionally covering the puck (especially in goalie crease), throwing a puck, may be warned by the referee or penalized.
9. **Hand pass** – Hand pass will result in a face-off. However, the referee may warn you and penalize you with “delay of game” the next offense.
10. **Stick Play** – Throwing of the stick on the “ice”, on the bench or in any part of the church will be a penalty.

Note: Players receiving a 2-minute minor penalty have to sit in the penalty box. Penalty time does not officially start until puck is dropped and play is resumed. Once your penalty is over or the opposing team scores, you then may return to the action.

5-Minute Major Penalties

1. **Swearing** – You are not allowed to swear in the league. Any swearing will result in an automatic 5-minute major.
2. **Fighting** – Any fighting will result in a 5-minute major penalty, if not a game misconduct. All fights will be reported to the league commissioner.
3. **Intentional roughing** – Anything intentional, either with a player's body or stick, is a 5-minute major.
4. **Unsportsmanlike Conduct** – Excessive unsportsmanlike conduct will be a 5-minute major.

Note #1 - Major penalties must be served in the penalty box. The 5-minute penalty will be served in its entirety regardless of how many goals are scored by the opposing team.

Note #2 - Any two majors in one game will result in an automatic game misconduct.

Game Misconducts

1. **Swearing** – Swearing at a referee could possibly result in a game misconduct.
2. **Fighting** – Fighting can be either a Major or a Game Misconduct.

Note #1 – The player receiving the Game Misconduct will be required to leave the gym. Another player must then serve the 5-minute major penalty.

Note #2 – All Game Misconducts will be reported to league commissioner and, depending on circumstances, may be asked to leave the league.

Playoffs

Girls League 2010

There are 4 teams total. All teams make the playoffs. Playoff will be as follows:

- 1st Place vs 4th Place – February 15 at 6:15 PM
- 2nd Place vs. 3rd Place – February 15 at 7:15 PM

Winners will meet for the Stanley Cup (February 22 at 7:15 PM). Losers will meet for the Standard Cup (February 22 at 6:15 PM).

Senior High Boys League 2010

There are 4 teams total. All teams make the playoffs. Playoff will be as follows:

- 1st Place vs 4th Place – February 16 at 6:15 PM
- 2nd Place vs. 3rd Place – February 16 at 7:15 PM

Winners will meet for the Stanley Cup (February 23 at 7:15 PM). Losers will meet for the Standard Cup (February 23 at 6:15 PM).

Junior High Boys League 2010

There are 4 teams total. All teams make the playoffs. Playoff will be as follows:

- 1st Place vs 4th Place – February 18 at 6:15 PM
- 2nd Place vs. 3rd Place – February 18 at 7:15 PM

Winners will meet for the Stanley Cup (February 25 at 7:15 PM). Losers will meet for the Standard Cup (February 25 at 6:15 PM).